

ABX.....	1
INFECTION.....	1
Fungi.....	2
MENINGITIS	2
BRAIN ABSCESS	5
SPINAL CORD ABSCESS	9
SUBDURAL EMPYEMA (CRANIAL AND SPINAL)	9
CRANIAL EPIDURAL ABSCESS	10
SPINAL EPIDURAL ABSCESS	11
ENCEPHALITIS	11
HIV	14
Vacuolar myelopathy	15
CNS–Immune Reconstitution Inflammatory Syndrome (IRIS)	15
PROGRESSIVE MULTIFOCAL LEUKOENCEPHALOPATHY (PML)	16
PRIONS	16
Creutzfeldt-Jakob disease (CJD)	17
CRANIAL OSTEOMYELITIS	18
VERTEBRAL OSTEOMYELITIS	18
Pott's disease.....	20
PARASITES	21
Neurocysticercosis (NCC).....	21
Echinococcosis	24
Amebic meningoencephalitis, Abscess	24

ABX

- CEPHALOSPORINS and CARBAPENEMS can safely be used in patients with an allergic reaction to penicillins that is **not type 1 reaction** (e.g. anaphylaxis, urticaria, bronchospasm) or **exfoliative dermatitis** (Stevens-Johnson syndrome, toxic epidermal necrolysis).
- chlorhexidine is contraindicated at age < 2 months (use Betadine).

INFECTION

1. **ENCEPHALITIS** – **viral** invasion of **brain parenchyma**; often *diffuse*.
2. **CEREBRITIS** – *focal* **bacterial** invasion of **brain parenchyma**; no capsule or pus.

DIAGNOSIS

- **CT / MRI** is indicated in any patient with syndrome compatible with CNS infection!
- **CSF** is indicated in any patient (after exclusion of intracranial mass).
- **CBC with differential, ESR, CRP, procalcitonin.**
 procalcitonin norm [0.1 ng/mL]; **> 0.25** ng/mL can indicate infection
- 2-3 **blood cultures** should be obtained from all patients (even when antimicrobial therapy has already been administered).
- **search of infection source** – chest X-ray (!), echocardiography, UA, cultures of other body fluids, bone scans.
- **brain biopsy** is still standard of diagnosis in some specific CNS infections.

FUNGI

– **opportunistic** organisms – infect only **immunosuppressed** individuals.

(except few **pathogenic** fungi – *Histoplasma**, *Blastomyces**, *Coccidioides**, *Paracoccidioides*** – may infect **normal** hosts).

*endemic to some areas of North America

**endemic to some areas of Central-South America

MENINGITIS

MENINGITIS - inflammation of meninges (inflammatory response is generally confined to **arachnoid**, **subarachnoid space** and **pia** – i.e. **LEPTOMENINGITIS**).

meningism (pseudomeningitis) – headache and meningeal irritation in child or young adult with **acute febrile illness**; **CSF pressure**↑ but normal in other respects.

Argyll Robertson pupil – small irregular pupil, reacts to convergence, but not to light – **basilar luetic meningitis**.

HEUBNER arteritis – arteritis of *circle of Willis* due to basal meningitis (syphilis, tbc, fungi).

ETIOLOGY

skull base fracture with CSF leak - *Str. pneumoniae*

S. aureus and coagulase-negative staphylococci - predominant organisms in **CSF shunts**

Viral meningitis – most commonly **enteroviruses**

Fungal meningitis (occurs only in **immunosuppressed hosts**, esp. lymphoma & leukemia, AIDS) – most commonly *Cryptococcus neoformans* (basal ganglia lacunes)

TBC, syphilis - exudate tends to pool in **basilar cisterns**

DIAGNOSIS

LUMBAR PUNCTURE ASAP - gold standard for diagnosis

glucose↓ - most specific (esp. in bacterial, tuberculous, cryptococcal meningitis; normal in viral meningitis)

VDRL is test of choice in CSF for neurosyphilis

- **post-treatment CSF examination** is not meaningful criterion of recovery (i.e. CSF need not be re-examined if patient is clinically well!).

Imaging

a) **severe acute meningitis:**

- 1) striking **pial and ependymal enhancement** (superficially looks like SAH, but seen only in contrast-enhanced CT; vs. SAH)

contrast enhancement of leptomeninges is always abnormal except after *recent neurosurgical procedure*.

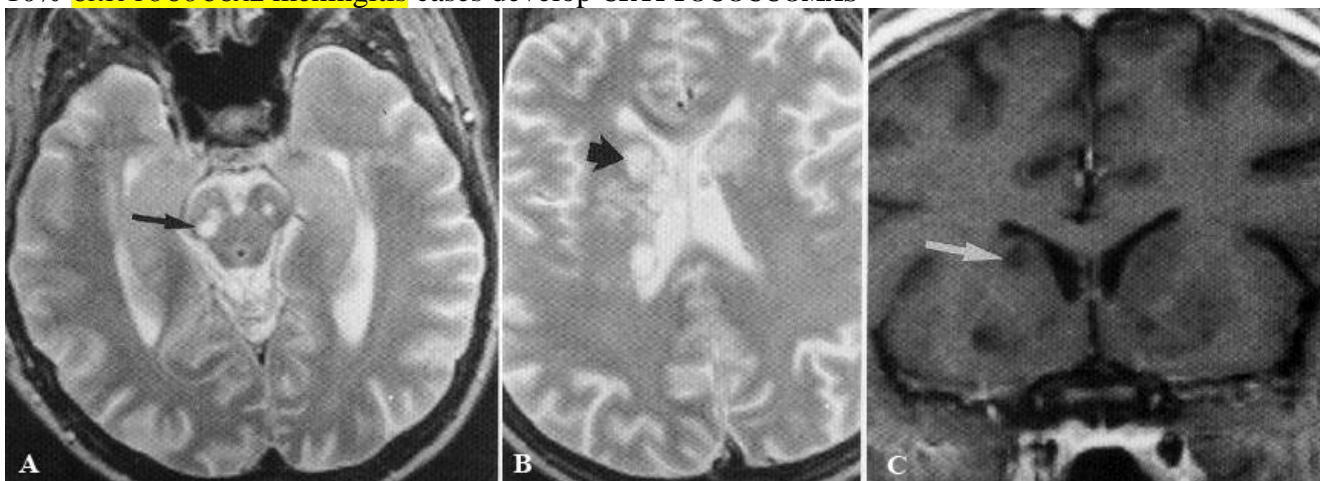
- 2) brain edema.

- 3) complications of meningitis (subdural collections, hydrocephalus, cerebral infarction).

b) **chronic meningitis** – may be **no imaging findings** or merely minimal ventricular enlargement.

Etiologic diagnosis in **chronic meningitis** may require **meningeal biopsy**

10% **CRYPTOCOCCAL meningitis** cases develop **CRYPTOCOCCOMAS**



TREATMENT

- in CSF, humoral defense mechanisms (Ig and complement activity) are virtually absent; opsonic activity is often undetectable even in infected CSF (phagocytosis of encapsulated bacterial pathogens is inefficient) - bacteria commonly reach very high densities in CSF - use of **bactericidal agents** is mandatory part of therapy!
- two **blood samples are drawn** for culturing → **empirical antimicrobial therapy** is started

DEXAMETHASONE 10q6 IV to abolish destructive inflammatory / immune-mediated response (vasogenic and cytotoxic brain edema - decrease rates of **hearing loss and neurological complications**) - for **4 days** of bacterial meningitis (3 weeks in TBC)

First dose of DEXAMETHASONE should be administered 20 min before first antimicrobial dose.

N.B. **VANCOMYCIN** effect may be adversely affected (since meningeal inflammation improves VANCOMYCIN penetration into CSF); H: use **higher doses** of VANCOMYCIN (15 mg/kg q6h) or **intrathecal** VANCOMYCIN.

Antimicrobial therapy: (must be bactericidal in CSF – i.e. maximum tolerated doses!)

- will not significantly alter **CSF profile** (WBC count, glucose & lactate concentration, antigen test results) for at least 2-3 days.
- will decrease sensitivity of **Gram's stain & culture** (window of **2-3 hours after giving parenteral antibiotics** when CSF cultures are not adversely affected).

Gram's stain and culture **should be negative** in CSF obtained 24 hours after initiation of IV antimicrobial therapy, if organism is sensitive to that antibiotic.

Crucial step is to initiate ANTIMICROBIAL THERAPY immediately!!!!!!!!!!

If suspect **meningococcus**, give **PENICILLIN G** before transporting to hospital!

CEFEPIME* 2 g q8h + VANCOMYCIN 15mg/kg q12h (goal trough: 15 – 20 mg/L) for 14 days

*for type I penicillin hypersensitivity (i.e. anaphylaxis) substitute with **AZTREONAM 2 g q6h** or **CIPROFLOXACIN 400 mg q8h**

N.B. only **3rd or 4th generation cephalosporins** are used.

+ **RIFAMPIN** **CHEMOPROPHYLAXIS** for family members / intimate contacts of child with **meningococcal or H. influenzae infection**.

Treatment of **CRYPTOCOCCAL meningitis** – **AMPHOTERICIN B** + **FLUCYTOSINE** for 2 weeks → **FLUCONAZOLE** for 8 weeks ÷ lifelong.

- often develop **symptomatic intracranial hypertension**.
 - ventriculomegaly (hydrocephalus) is not always present
 - most patients do well with serial lumbar punctures combined with antifungal therapy.
 - in one case series (50 patients), only 26% patients needed permanent shunting.
 - shunting during active fungal infection is not an issue if antifungal therapy has been started prior to implantation.
 - no cases of shunt infection.
 - no cases of cryptococcal peritonitis after shunting.

MORTALITY ≤ 10-20% (many deaths occur during **first 48 hours of hospitalization**); 50-90%* in untreated cases.

*almost 100% in pneumococcal meningitis!

Austrian syndrome (triad of **pneumococcal** meningitis, pneumonia, and endocarditis) has particularly high fatality rate.

COMPLICATIONS

Seizures

Stroke

Hearing loss

Mental retardation - bacterial meningitis is one of most preventable causes of mental retardation

Brain abscess, subdural empyema

Subdural effusions - usually in infants as self-limited process (as inflammatory process subsides, subdural fluid is reabsorbed);

Treatment – repeated daily **needle aspirations** through coronal sutures;

- *indications*: infected fluid (prolonged fever), increased ICP, rapidly enlarging head circumference in child, focal neurological findings (seizures).
- *no more than 20 mL/d of CSF should be removed from one side* (to prevent sudden shifts in intracranial contents).
- if effusion persists after 3-4 wk of taps → surgical exploration for possible excision of subdural membrane is indicated.

Hydrocephalus

- large numbers of leukocytes in subarachnoid space contribute to purulent exudate and impair CSF absorption by arachnoid villi → **COMMUNICATING HYDROCEPHALUS**.
- pia-arachnoid becomes thickened → **adhesions** → interfere with CSF flow from 4th ventricle → **OBSTRUCTIVE HYDROCEPHALUS**.
- **ventriculitis** is nearly uniformly present.
- H: EVD until CSF sterility is achieved

Purulent ventriculitis - **in severe ventriculitis, EVD/lumbar drain is not efficient enough**, especially when CSF contains pus/flakes (niduses of infection adherent to the choroid plexus and ependymal lining) - act as continuous source of infection – consider **endoscopic lavage**:

- clamp EVD ~12 hours.
- insert **rigid endoscope** ~4–5 cm lateral to midline and ~1–2 cm anterior to coronal suture.
- copious **irrigation with Ringer lactate**.
- **pus is aspirated**;
- after ipsilateral ventricle is cleansed, a generous **septostomy** is performed, opposite ventricle entered, and all the purulent material is removed in a similar fashion.

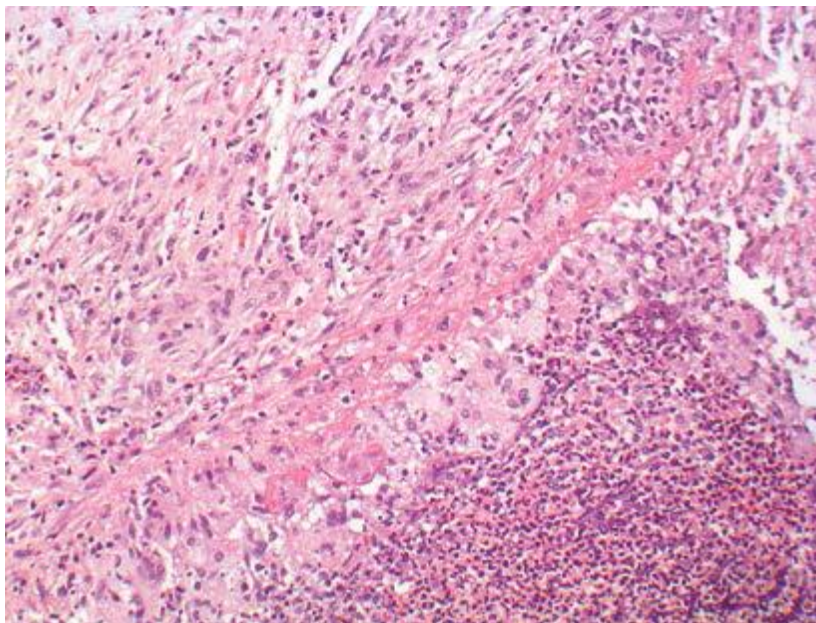
SPINAL MENINGITIS (ARACHNOIDITIS)

- *injury to roots* (as they traverse subarachnoid space; permanent intradural adhesions) → **multiple radiculopathies**: radicular pain, sensory loss, motor weakness, sphincter dysfunction.

BRAIN ABSCESS**ETIOLOGY**

- **HIV** - Toxoplasma gondii, Mycobacterium tuberculosis.
- **solid-organ transplants** - fungi (90%).

- a) *direct spread* from **CONTIGUOUS CRANIAL SITE** (40-50%): *otitis media, sinusitis*
N.B. brain abscess in child < 2 years suggests associated bacillary meningitis
- b) *hematogenous spread* from **REMOTE INFECTION SITE** (30%): *pulmonary infection, endocarditis*



- 1) **streptococci** - 50-70% brain abscesses.
- 2) **anaerobic bacteria** - common in *chronic otitis media* or *pulmonary disease*.
- 3) *Staphylococcus aureus* and **Gr- rods** - common after *cranial penetration* from surgery or trauma.

N.B. pneumococci, meningococci, Haemophilus influenzae (major causes of bacterial meningitis) are rarely recovered from brain abscess!

- 4) **fungi** are common in *immunosuppressed*
 - 5) **parasites** are common in *immunosuppressed*.
- intact brain parenchyma is relatively resistant to infection - in order for brain abscesses to form, there must be *pre-existing compromised area (ischemia, necrosis, hypoxia)* in brain tissue.

Hematogenous spread – following characteristics:

- 1) **multiple*** brain abscesses (although solitary lesions may also occur)
- 2) distribution of MCA - **parietal** lobe predominates (highest blood flow).
- 3) initial location at *gray matter-white matter junction*.

*another cause of multiple abscesses – **immunosuppression**.

CLINICAL

- *subacute* expanding infectious mass:

- 1) **ICP↑** - prominent **headache**, **AMS**, **vomiting**, **papilledema** (rare finding in meningitis!).
- 2) **focal neurological deficit** - **seizures** are particularly prominent!
- 3) **infection** – *fever* < 50% (i.e. may be minimal or absent!!!)

Abrupt neurologic deterioration:

- a) *abscess rupture* into ventricular system → **ventriculitis & hydrocephalus, shock & death**
 - b) *abscess rupture* into subarachnoid space → **meningitis**
 - c) *brain herniation*
 - d) *spontaneous hemorrhage*
- encapsulation is more complete (more mesenchymal cells → tougher capsule) on cortical side (than on ventricular side) - *propensity of abscesses to extend and rupture into ventricular system*.

DIAGNOSIS

Lumbar puncture is contraindicated - risk of herniation!

CSF - **aseptic meningeal reaction** (pressure↑, 0-1000 PMNs, protein slightly↑, normal sugar)

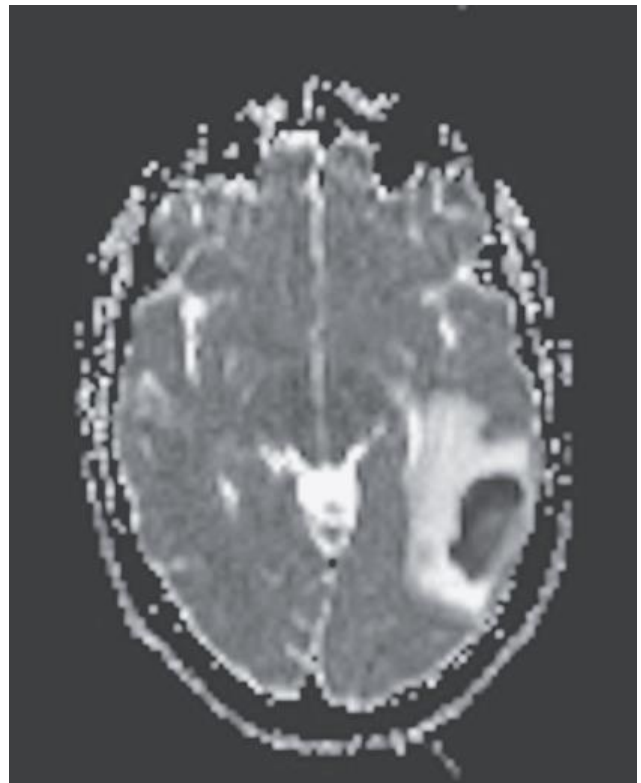
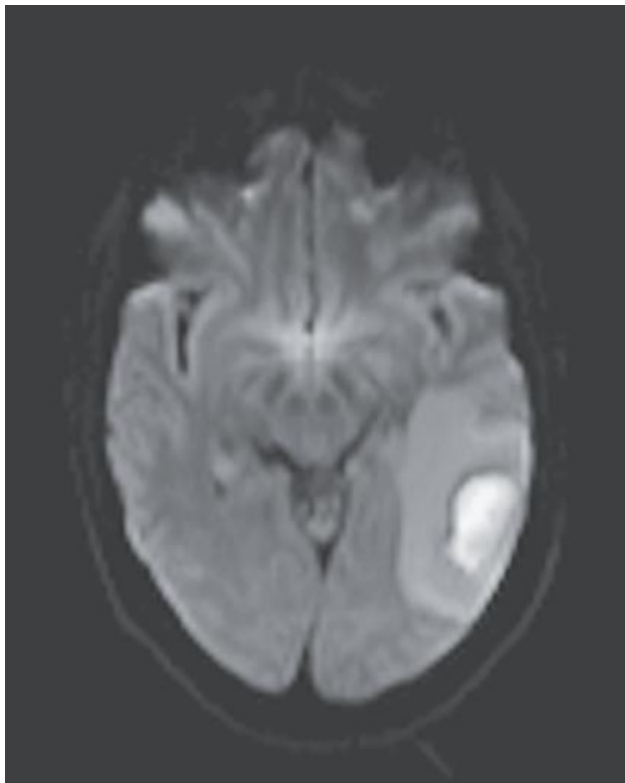
MRI w/wo is study of choice - initial detection and subsequent monitoring.

DWI has specificity 96% for differentiation from brain tumors.

Abscess, **stroke**, and **lymphoma** (high cellularity) have **diffusion restriction** (bright on DWI, dark on ADC), whereas gliomas and metastases do not restrict diffusion!

Same as **epidermoid cyst** (bright DWI) vs. arachnoid cyst (normal DWI)

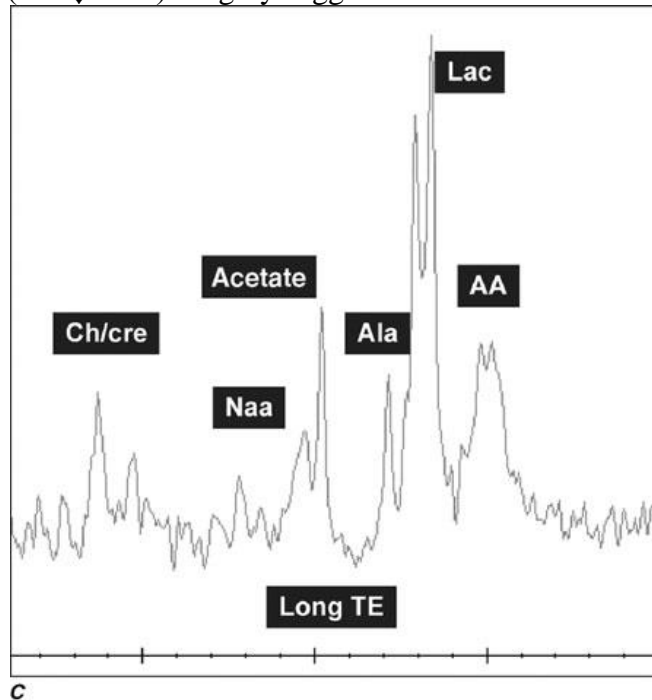
Encapsulated stage: *low T1 intensity* (*T2 hyperintense*) lesion with **diffusion restriction** surrounded by *edema*.



Uniform* *ring of contrast enhancement* surrounded by hypodense region of *edema*.

*markedly irregular wall suggests tumor!

MRS – ↑*lactate* (and ↓NAA) - highly suggestive of cerebral abscess (adds little value to DWI)

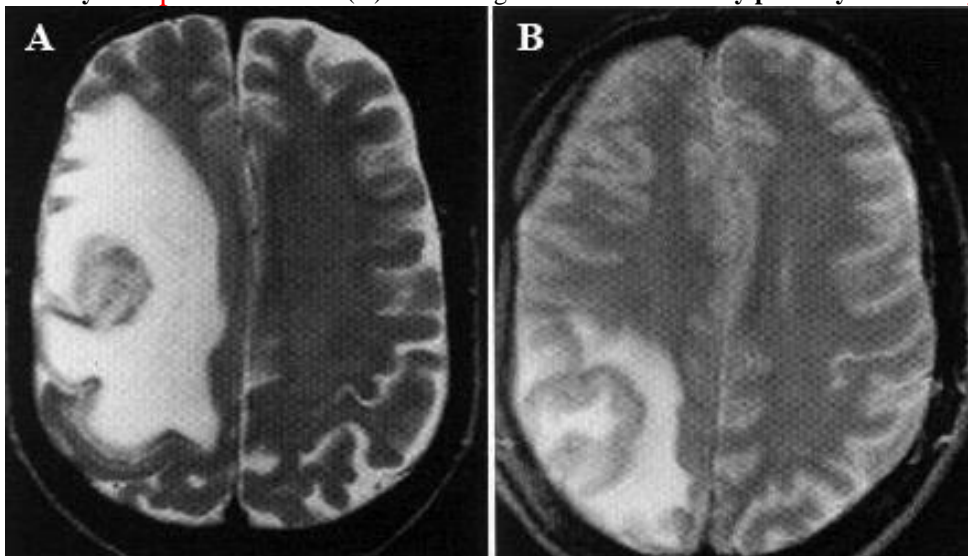


EEG - focal slowing.

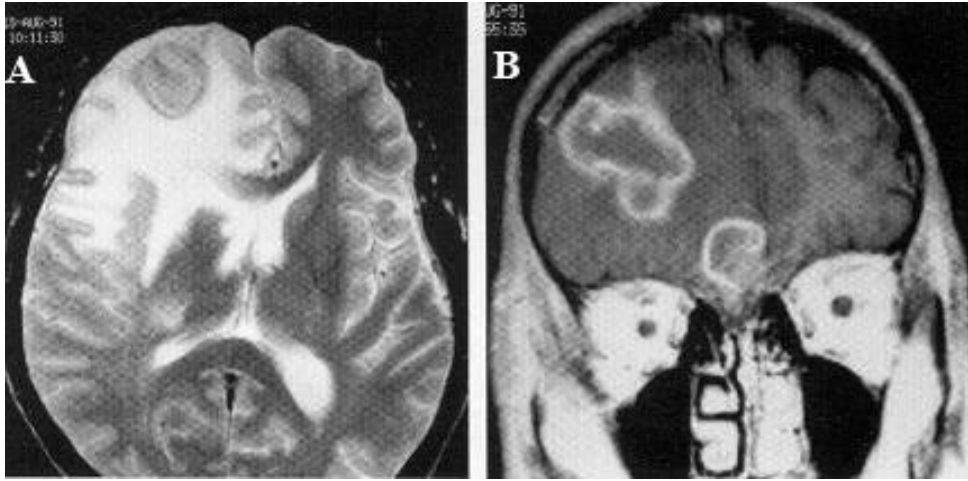
Hematogenous source:

- a) ESR, CRP, procalcitonin
- b) **CXR, ECG, cardioECHO**
- c) **blood cultures** (positive in $\approx 10\%$ cases).
- d) serum should be sent for *antitoxoplasma IgG* (in patients with AIDS).

Solitary **toxoplasma** abscess (A) is indistinguishable from solitary primary cerebral **lymphoma** (B):



Toxoplasma abscess:



TREATMENT

a/b: Blood cx and biopsy first!!!

- **neurosurgical patient:** **VANCOMYCIN + CEFEPIME + METRONIDAZOLE** for **6-8 weeks** (→ oral for additional 4-8 weeks) - until abscess cavity resolves completely (neovascularity persists!)
 - **alternative to CEFEPIME + METRONIDAZOLE - MEROPENEM**
- **empirical therapy for AIDS patient with intraparenchymal lesion:**
 - A) > 1 enhancing lesion *OR* positive toxoplasma serology = presumptive diagnosis of *TOXOPLASMA ENCEPHALITIS* → 1-2 week **trial of antitoxoplasma therapy** (objective response must be seen on imaging): **PYRIMETHAMINE** (+ **LEUCOVORIN**) + **SULFADIAZINE**
 - B) 1 enhancing lesion *AND* negative toxoplasma serology → **brain biopsy**.

Response to antibiotics is best monitored by **serial MRI**

Even lesions with thick, well-developed ring enhancement may disappear with medical management!

Neurosurgery:

Abscess > 2.5-3.0 cm should go to OR! Must be mature (symptoms > 7-14 days) – avoid operating on cerebritis!

Practically, **every patient needs at least biopsy** for culture & stain (Gram, acid-fast, fungal)!!!

- a) **stereotactic abscess aspiration** ± **catheter drainage** - procedure of choice (etiological diagnosis and treatment); requirement - abscess > 1 cm showing central cavity*
 - *aspiration during **cerebritis** stage → **hemorrhage**
 - N.B. enhancing ring may appear at late cerebritis stage before true capsule has been formed!* H: DELAYED SCAN (obtained 30 min. after IV contrast) - *contrast diffusion into low-density center of abscess* (vs. stage of formed **true capsule - no inward diffusion of contrast**).
 - leaving continuous drainage catheter is not recommended.
 - if organism is known, **indications for just decompression**:
 - 1) proximity to **ventricles** (risk of catastrophic rupture → ventriculitis → hydrocephalus)
 - 2) significant **mass effect** (mostly if abscess > 2.5 cm)
 - 3) **failure** to demonstrate abscess **shrinkage** in 4 weeks (antibiotic failure)
- b) **complete abscess extirpation** – for **accessible mature abscess** - rapid decompression, abx duration↓; may cause **damage to brain parenchyma** (→ risk of seizures); **indications**:
 - 1) **gas** within abscess cavity
 - 2) **fungi, tbc, branching bacteria** (esp. *Actinomyces*, *Nocardia* species)
 - 3) retained **foreign bodies** (incl. bone fragments)
 - 4) **large** (> 3 cm), **multiloculated**, & **readily accessible**

- 5) **posterior fossa** (potential of brain stem compression)
- 6) **resistant** to treatment (getting bigger in 2 weeks, **no decrease in 4 weeks**)

± prophylactic **AED** for at least 1 year (risk of seizure disorder in 80-90% patients!)

± **corticosteroids** (only for profound cerebral edema with impending herniation!; may decrease penetration of antibiotics! - discontinue when edema and mass effect improve)

Mortality 5-20% (if untreated ≈ 100%).

SPINAL CORD ABSCESS

- particular high risk factor – **IV drug abuse**.

TREATMENT

1. **Antibiotics** – minimum 4 weeks following surgery.
2. **Steroids** (**DEXAMETHASONE** 4-10 mg q6h during entire course of treatment) – to reduce spinal cord swelling.
3. **Surgical drainage of abscess cavity** - LAMINECTOMY:
 - **abscess aspiration** for culture & stain (Gram, India ink).
 - **myelotomy** over length of abscess.
 - **irrigate** (wound and abscess cavity) with antibiotic solution.
 - **closure** in anatomical layers.

SUBDURAL EMPYEMA (CRANIAL AND SPINAL)

- empyema **evolution is remarkably rapid** (along falx and over convexities).
- subdural empyema may breach arachnoid (arachnoid is not very strong barrier) → **meningitis**.
- septic thrombophlebitis extends from dural sinuses to cortical veins → **cortical venous infarction** of gray and white matter drained by thrombosed vessels → brain **abscess** (25% patients!).

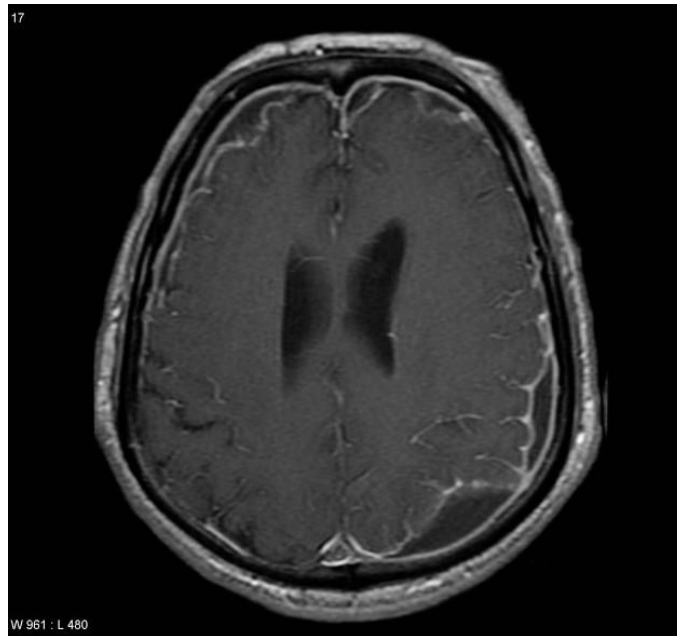
Patient is **acutely ill**

Spinal subdural empyema - **fever** with **rapidly progressive spinal cord compression**.

- **backache** is not as characteristic as in spinal epidural abscess.
- tenderness along spine is often absent (vs. spinal epidural abscess).

MRI (procedure of choice) – T1 **hypointense crescent**, diffusion restriction

- **intense contrast enhancement** of empyema margin (fine line).
- mass effect.



TREATMENT

- surgical emergency!

- **anticonvulsants** should be administered prophylactically.

Intravenous antibiotic therapy (same as for brain abscess)

Immediate surgical drainage:

- CRANIAL** – start with **multiple burr holes** → **craniotomy** PRN.
 - do not try to remove **material adherent to cortex** (→ infarction)
 - **drains** are left in subdural space.
 - postoperatively, repeat CT / MRI scans – **reoperation** (drainage of loculated pockets) is typically necessary.
- SPINAL** – **laminectomy** → dural incision → drainage.

- mortality 10-40% (almost fatal if untreated).
- in 8-46% patients **chronic epilepsy** results.

CRANIAL EPIDURAL ABSCESS

- almost always associated with **overlying infection in cranial bones** (e.g. penetration from chronic sinusitis or mastoiditis; most common cause is **craniotomy complicated by wound infection**).
- **slowly growing mass** (*does not produce sudden major neurologic deficits* unless complicated by deep extension)
- **rim of contrast enhancement** (thicker and more irregular than with subdural empyema)

TREATMENT

Same as for subdural empyema except: **craniectomy (debridement of infected bone)** may be needed

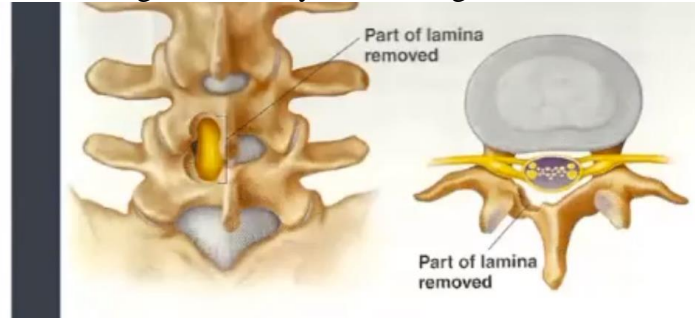
SPINAL EPIDURAL ABSCESS

- any infectious phlegmon involving epidural space, even without demonstrable contained pus.
- most common ETIOLOGY (vs. cranial epidural abscess) - HEMATOGENOUS SPREAD from remote site
- also EXTENSION FROM VERTEBRAL osteomyelitis / discitis

Back pain & tenderness (on percussion & movement) → radiculopathy, myelopathy

Immediate surgery: laminectomy - surgical debridement of epidural space.

- long abscesses - skip laminotomies and pediatric feeding tube / Foley / EVD irrigation:



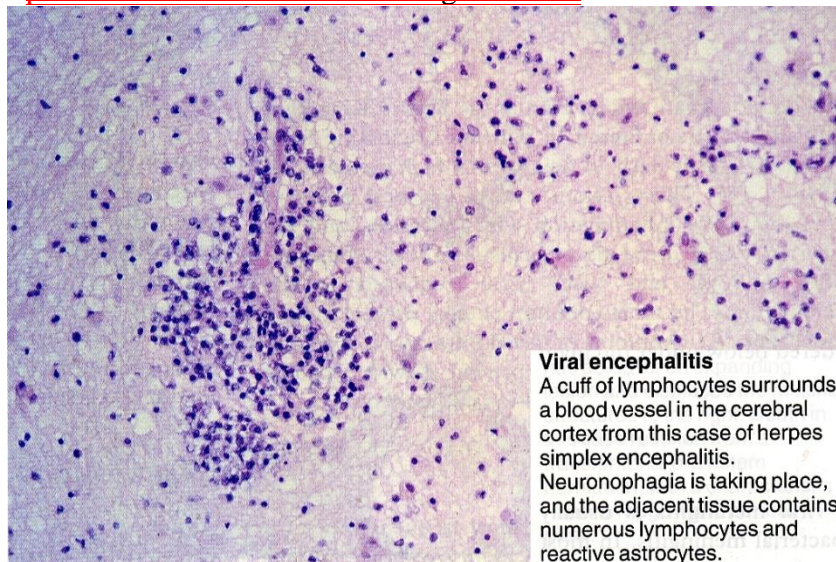
Antibiotics: 4-6 weeks IV → 2-3 months oral.

paralysis 36 hours duration → < 50% will show some return of motor function.

- in *tuberculous* epidural abscess motor recovery has been reported even after paralysis lasting for weeks.

ENCEPHALITIS

- perivascular mononuclear cuffing in cortex



Viral encephalitis

A cuff of lymphocytes surrounds a blood vessel in the cerebral cortex from this case of herpes simplex encephalitis. Neuronophagia is taking place, and the adjacent tissue contains numerous lymphocytes and reactive astrocytes.

PANENCEPHALITIS = **leukoencephalitis** (i.e. myelinoclastic) + **polioencephalitis** (i.e. polioclastic)

- viral encephalitis is polioclastic, vs. postinfectious encephalitis – myelinoclastic
- encephalitis is almost invariably associated with *meningeal inflammation* (**MENINGOENCEPHALITIS**) and sometimes with simultaneous *involvement of spinal cord* (**ENCEPHALOMYELITIS**).
- necrotizing vasculitis with **focal (petechial) hemorrhages**.

- severe vasogenic **edema** → ICP↑.

prodromal viral illness → dramatic ENCEPHALOPATHY: **AMS**, **psychiatric symptoms**, **seizures** (> 50%), **paralysis**

CSF should be examined in all patients!!! (unless contraindicated by ICP↑↑↑).

Characteristic CSF profile ≈ viral meningitis

- 1) **lymphocytic pleocytosis 5-500**
- 2) **normal glucose**
- 3) **protein↑**
- 4) **PCR** - diagnostic procedure of choice!!! - sensitivity (95-100%) and specificity (< 100%) exceeds brain biopsy (thus, role of **brain biopsy** has declined greatly*)
*still diagnostic criterion standard for **rabies**

EEG - *diffuse slowing*

Neuroimaging – focal or diffuse encephalitic process (*low density with mass effect* predominantly in white matter – i.e. vasogenic edema).

- occasional *intracerebral hemorrhages* within lesion.

Major diagnostic impetus is to distinguish HSV from other viruses!

Other viruses → **supportive measures** (in ICU initially)

MORTALITY depends to etiology (may be up to 75%*).

*100% in *rabies* or *VZV in immunosuppressed patients*

HERPES SIMPLEX

- focal* encephalitis with intense **necrosis** + petechial **hemorrhages**, with **RBCs** in CSF; **inferomedial frontotemporal regions**:

- 1) temporal lobe seizures (EEG – *paroxysmal features in temporal lobe* - paroxysmal lateral epileptiform discharges PLEDs)
- 2) olfactory / gustatory hallucinations, anosmia
- 3) bizarre behavior / personality alterations, memory disturbance

*tropism for TEMPORAL, ORBITAL-FRONTAL CORTEX, LIMBIC STRUCTURES and PONS!

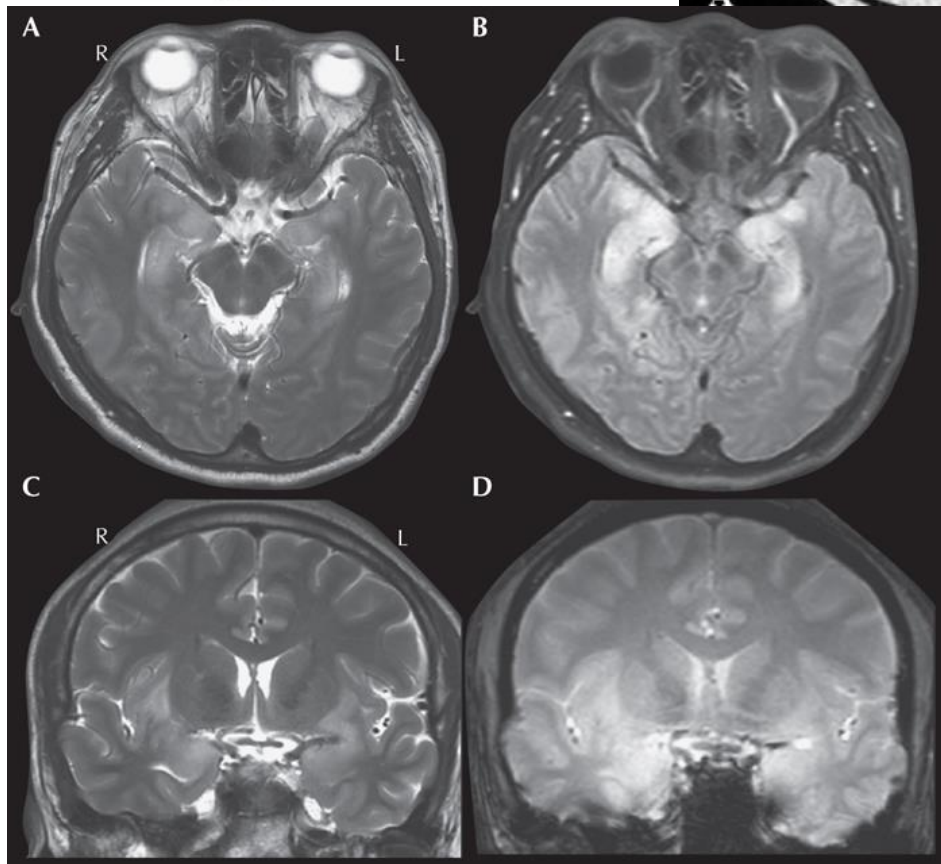
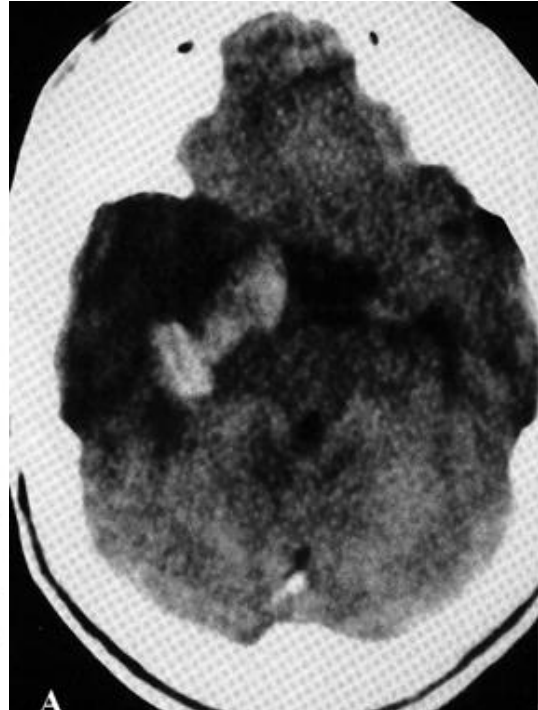
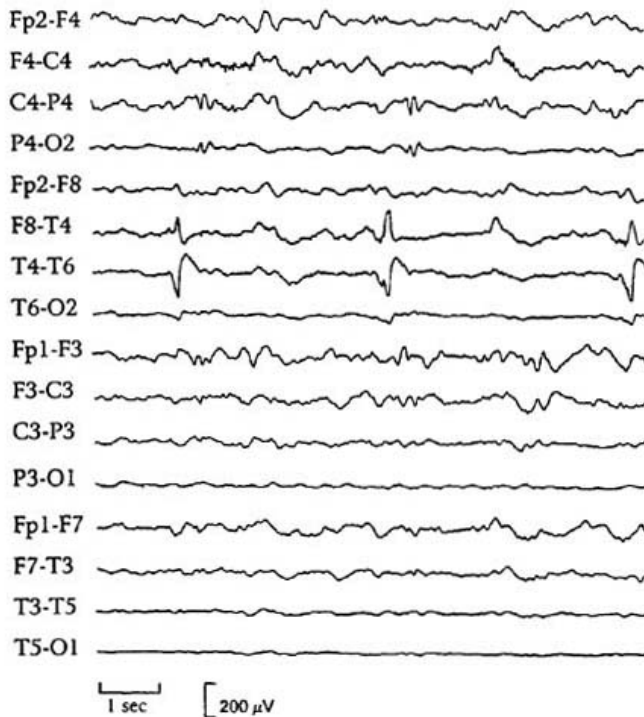
N.B. clinical criteria alone are not reliable in differentiating HSV and non-HSV encephalitis!

Neurologic disease has been associated with all herpesviruses but HHV-7

- 1) herpes simplex virus type 1 - most common cause of *sporadic encephalitis*!
- 2) herpes simplex virus type 2 (encephalitis in **neonates**)
- 3) varicella-zoster virus
- 4) Epstein-Barr virus
- 5) cytomegalovirus

- not related to immunosuppression.

- **virus reactivation** lying dormant in trigeminal ganglia (i.e. virus spreads to CNS transneuronally along CN5)
- often high fever (104-105°F) initially.
- herpetic skin lesions are seen in only few cases.
- characteristically **AGGRESSIVE COURSE**; more indolent in *immune-compromised persons* (indicates role of immune system in destructive nature of herpes encephalitis).



HSV → urgent **ACYCLOVIR** 10-15 mg/kg IV q8hr for 10-21 days (also useful in *selected severe cases* of **EBV** or **VZV**).

Initiating treatment *before definitive diagnosis* of **HSV** encephalitis is now common practice!

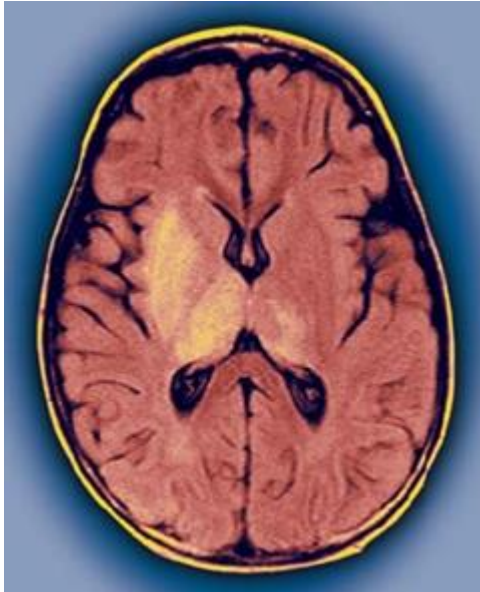
- discontinue if PCR is found negative.
- if clinical deterioration occurs over next 48-72 hours with ACYCLOVIR → *brain biopsy*.
- **decompressive operation** may be necessary if **steroids** (and other measures) are inadequate to control severe ICP elevations.

ARBOVIRUS

- most common causes of *endemic encephalitis*!

A) *mosquito-borne*

B) *tick-borne* - does not occur in America; **MRI** - *increased T2 signal* in basal ganglia and thalami



ENTEROVIRUS

outbreaks during *warm weather*

SYPHILIS – very long rod cells

RABIES – Negri bodies in cerebellum

HIV

Neuroinvasion occurs in practically every patient

HIV - *neurotropic virus*

N.B. in nervous system, *virus is detected only in microglial cells*; virus is not found in neurons or glia!

Clinical syndromes - neurological disease at **any anatomic level**:

- 1) **cognitive dysfunction** → AIDS-dementia complex → coma.
- 2) **seizures** (focal or generalized)
- 3) various **focal deficits**
- 4) **aseptic meningitis**
most common acute bacterial meningitis - *L. monocytogenes*
- 5) **myelopathy**
- 6) **peripheral neuropathies** - **autoimmune demyelination** and/or *axonal degeneration*
- 7) **myopathy**

Painful neuropathy is often most functionally disabling manifestation of AIDS!

Secondary disorders - result from other identifiable causes:

A. Opportunistic infections:

- 1) **toxoplasma encephalitis** - most common cause of intracranial mass lesion in AIDS!!!
- 2) **cryptococcal, tbc** meningitis
- 3) CMV encephalitis / polyradiculopathy
- 4) progressive multifocal leukoencephalopathy (PML) – JC virus

B. Neoplasms:

- 1) **primary CNS lymphoma** - **EBV** genetinė medžiaga (PCR) aptinkama $\approx 100\%$ atveju!!!
- 2) metastatic

C. Drug complications

D. Metabolic-nutritional disorders

E. **Cerebrovascular** complications - AIDS is additional risk factor for stroke (ischemic and hemorrhagic)

VACUOLAR MYELOPATHY

- diagnosis of exclusion.

Imaging - normal or *spinal cord atrophy*.

- T2-MRI - *nonenhancing high-signal areas* (extensive vacuolation) confined to posterior columns or diffuse.



CSF - usually normal.

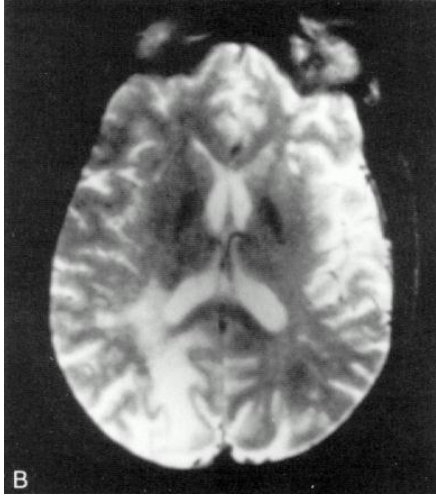
Although no specific treatment is approved / effective, viral control is important.

CNS-Immune Reconstitution Inflammatory Syndrome (IRIS)

- develops *after the initiation of HAART* in the setting of HIV-related severe immunosuppression (anergic state).
- **intense inflammatory reaction** to dead or latent organisms or to self-antigens.
- clinical range: mild (self-limiting mild symptoms and eventual immune restoration) to fulminant death.
- diagnosis of exclusion
- responds to **steroids**.

Progressive Multifocal Leukoencephalopathy (PML)

- **JC virus** reactivation in **cellular immunodeficiency states**.
- focal parieto-occipital demyelination:
 - no mass effect;
 - no contrast enhancement with gadolinium.
 - relative sparing of grey matter!



Definitive diagnosis: **PCR** in CSF → **Brain biopsy**
 No specific treatment = high mortality rate

PRIONS

- fatal **TRANSMISSIBLE SPONGIFORM ENCEPHALOPATHIES** (noninflammatory neurodegenerative disorders)

PRION - infectious protein (**prion protein PrP**)

- **PrP gene** (termed *PRNP*) - single copy is located on **short arm of chromosome 20** - **PrP^C (normal cellular isoform of PrP)** is normal cell surface glycoprotein

Prion diseases are result of **PrP^{Sc}** (abnormal isoform of **PrP^C**; ^S for “scrapie”).

- **PrP^C** exists as **α-helical** structure.
- **PrP^{Sc}** exists as **β-pleated sheets** (arise from post-translational changes in **PrP^C** conformation) - resists proteolytic digestion → spontaneously aggregates to rodlike or fibrillary particles (**PRION RODS**).
- **PrP^{Sc}** facilitates, in cooperative fashion, comparable transformation of other **PrP^C** molecules - **PrP^{Sc}** acts as template that promotes cascading **PrP^C** conversion - ability to replicate! (infectious nature of **PrP^{Sc}** molecules).
- **intracytoplasmic vacuoles** in cortical neurons and glia → vacuolated areas coalesce into cystlike spaces (“status spongiosus”).
- **severe neuron loss** → reactive astrocytic gliosis → **cortical atrophy** without white matter changes.

Clinical

- **long incubation** (several months ÷ several years).
- **protracted course** generally **ending in death**.
- **visada apima CNS (ir tik CNS)**:
 - 1) progressive dementia
 - 2) motor deficits
 - 3) seizures

Diagnosis confirmation – **brain biopsy**.

Treatment - supportive (e.g. suppression of myoclonus or seizures).

Chirurginiams instrumentams: N.B. irradiation is ineffective!

- a) **autoklavavimas** 60 min. 134°C.
- b) immersion in 1 N **NaOH** for 1 hour.

CREUTZFELDT-JAKOB DISEASE (CJD)

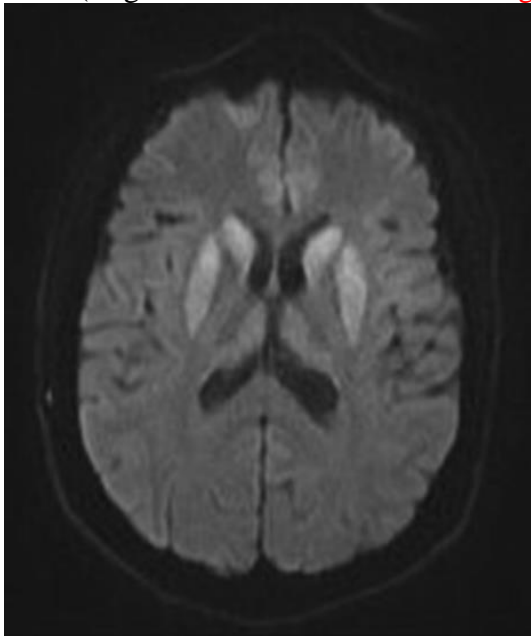
– most common prion disease!

Sporadic CJD (90%)

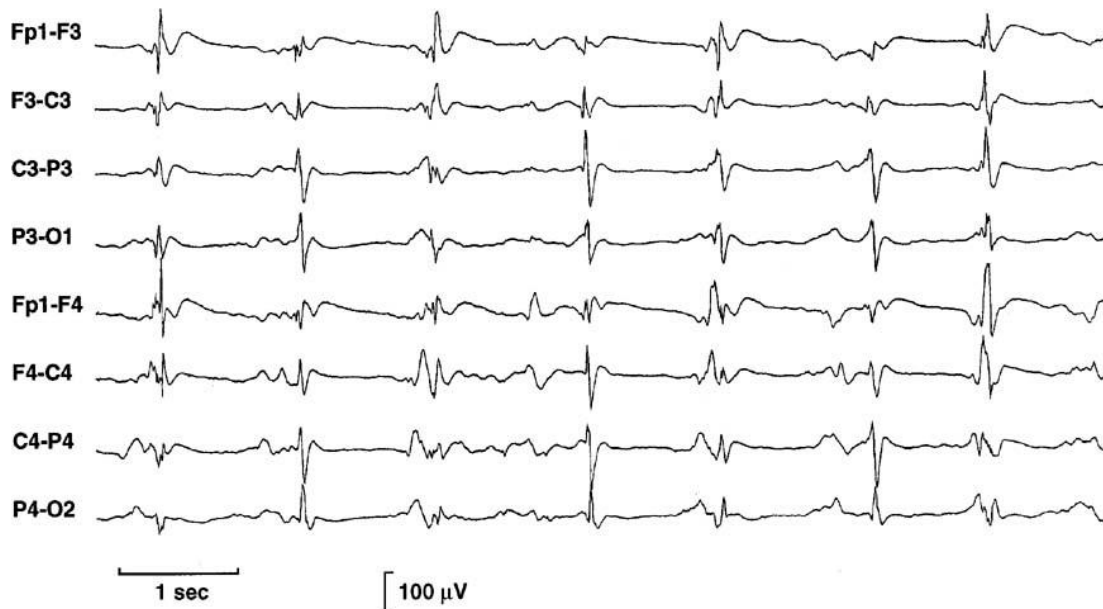
Infectious CJD (rare) – transmission: *human-to-human parenteral* or *ingestion of beef*

1. **Rapidly progressive dementia** → mutism & global dementia.
2. **Involuntary movements** (esp. *myoclonus* provoked by sensory stimuli - **startle myoclonus**)

MRI (bright lesions in **cortex** and **basal ganglia+pulvinar**):



EEG - pathognomonic - generalized bilaterally synchronous **periodic triphasic spiking** activity (resembles ECG).



CSF immunoassay for protein 14-3-3 – high sensitivity and specificity (90-92%) for CJD
 – more specific/sensitive test for Prion disease - **RT-Quic test**.

Brain biopsy with immunostaining for PrP^{Sc} is gold standard for establishing diagnosis (almost never necessary).

> 90% **miršta per 1 metus!**

CRANIAL OSTEOMYELITIS

Look for postop **bone flap absorption** on CT!

GRADENIGO'S syndrome – **apical petrositis** (osteomyelitis) involving **CN5 & CN6**.

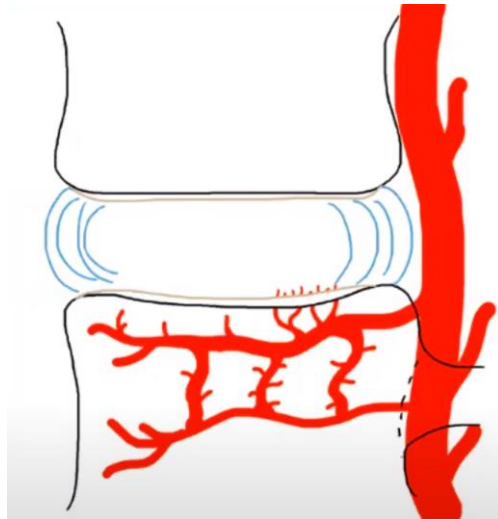
1. **Surgical debridement** (removal of infected bone)
 - adequate margin of normal bone is removed to minimize risk of recurrence.
 - *after at least 1 year* with no evidence of inflammation, **cranioplasty** may be performed.
2. **Antibiotics**
 - MRSA is treated with 6 weeks of **VANCOMYCIN**
 - if hardware is present (e.g. cranial mesh), add **RIFAMPIN**.

VERTEBRAL OSTEOMYELITIS

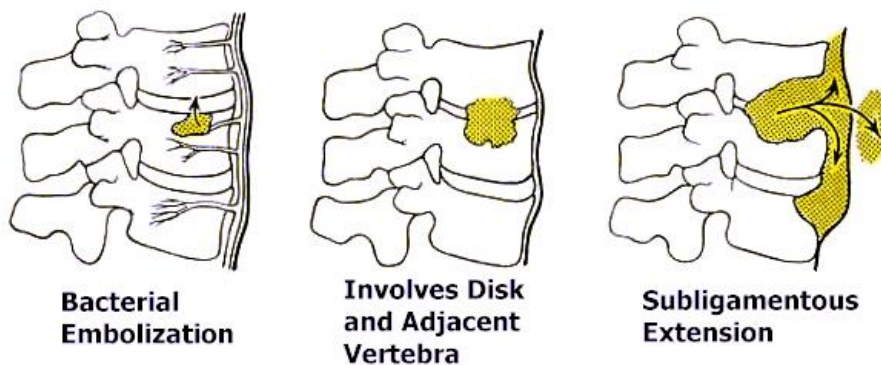
- **destructive disco-vertebral lesion**.

Infections usually involve disk space (vs. **malignant lesions!**)

- **hematogenous spread** to metaphyses:



- well-recognized risk factor - **IV drug use**.
- complications - **paraspinal extension** - paraspinal abscess, psoas abscess, anterior epidural abscess;
 - paraspinal masses are large in indolent infections (such as tuberculosis).



1. **Spine tenderness, Deep back pain** - exacerbated by motion + unrelieved by rest.
2. **Fever** (25%).

N.B. all signs of infection may be absent and course may be indolent!

Neurological involvement – (in 40% of cases caused by **tuberculosis**!):

- a) epidural extension
- b) spine instability and fractures

Blood culture x2 ASAP before starting antibiotics! (else may need **IR biopsy**)

CT - punched-out erosions of bone adjacent to involved disc (“moth-eaten” endplates)

MRI (**diagnostic method of choice** – highly sensitive and specific!:

- 1) edema - low T1 signal (high signal on T2) throughout disc and in adjacent vertebral bodies.
- 2) thinning and eventual **loss of dark line of vertebral end-plates**.
- 3) diffuse enhancement.



N.B. in *degenerative disk disease*, changes are less uniform, disk is desiccated and bone destruction is absent, no paravertebral soft-tissue masses.

TREATMENT

1. **Infection control**
 - MRSA is treated with 6 weeks of **VANCOMYCIN**; if hardware is present, add **RIFAMPIN**.
2. **Pain comfort** and **prevention of further deformity (brace)**
3. **Operative debridement** – limited indications:
 - a) epidural extension as abscess with progressive **neuro deficits**
 - b) progressive spinal **deformity / instability**
 - c) recurrent/persistent **bacteremia**
 - d) worsening **pain** despite appropriate antimicrobial therapy
 - just pain, including radicular pain (tends to get better with abx) are not surgical indications.
 - **instrumentation***, **discectomy** up to **corpectomy** for instability / kyphosis.
 - *modern instrumentation is titanium – does not need to be isolated from site of infection.
 - when infection is controlled, disc space will eventually **spontaneous fusion**.

POTT'S DISEASE

M. tuberculosis

- tendency to involve *multiple segments* (through subligamentous paraspinal spread).
- highly aerobic bacteria - **discs are spared until later in course** – “skip” lesions

Radiographic changes:

1. **Reactive sclerosis** on a progressive **lytic process**
2. **Enlarged psoas shadow** = abscess formation
 - In contrast to pyogenic disease, **calcification is common** in tuberculous lesions!
3. Collapse with anterior **wedging (gibbus)** → **neuro deficits**
4. Thin and smooth **enhancement** of abscess wall (vs. pyogenic spondylitis - thick and irregular enhancement of abscess wall)



PARASITES

NEUROCYSTICERCOSIS (NCC)

- intracranial encystment of larva of *Taenia solium*

- endemic in **South and Central America** + **Madagascar**.

Life cycle of *Taenia solium* (pork tapeworm):

egg in human feces



INTERMEDIATE HOST (pigs, humans): **egg** in mouth → → **larvae** in tissues = **cysticercosis**



DEFINITIVE HOST (only humans - **nervous system is not affected**): **larvae** in mouth → **adult tapeworm** in small bowel → **egg** in feces

Little inflammatory response (edema) occurs as long as larva is alive!

Larva dies in brain 2-6 years after ingestion of eggs: release of antigens from dying parasite → vigorous inflammatory tissue reaction.

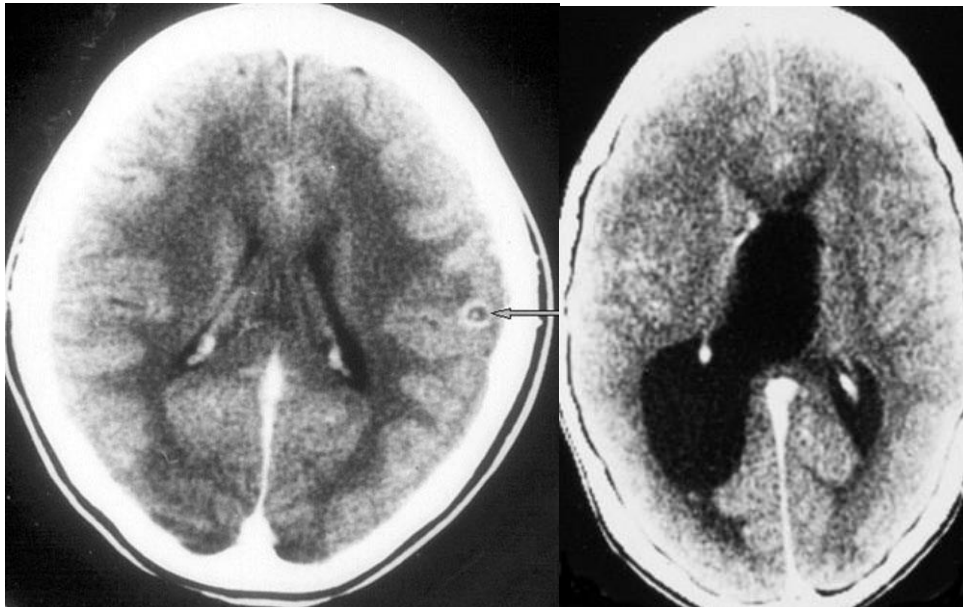
Eventually, calcified nodule.

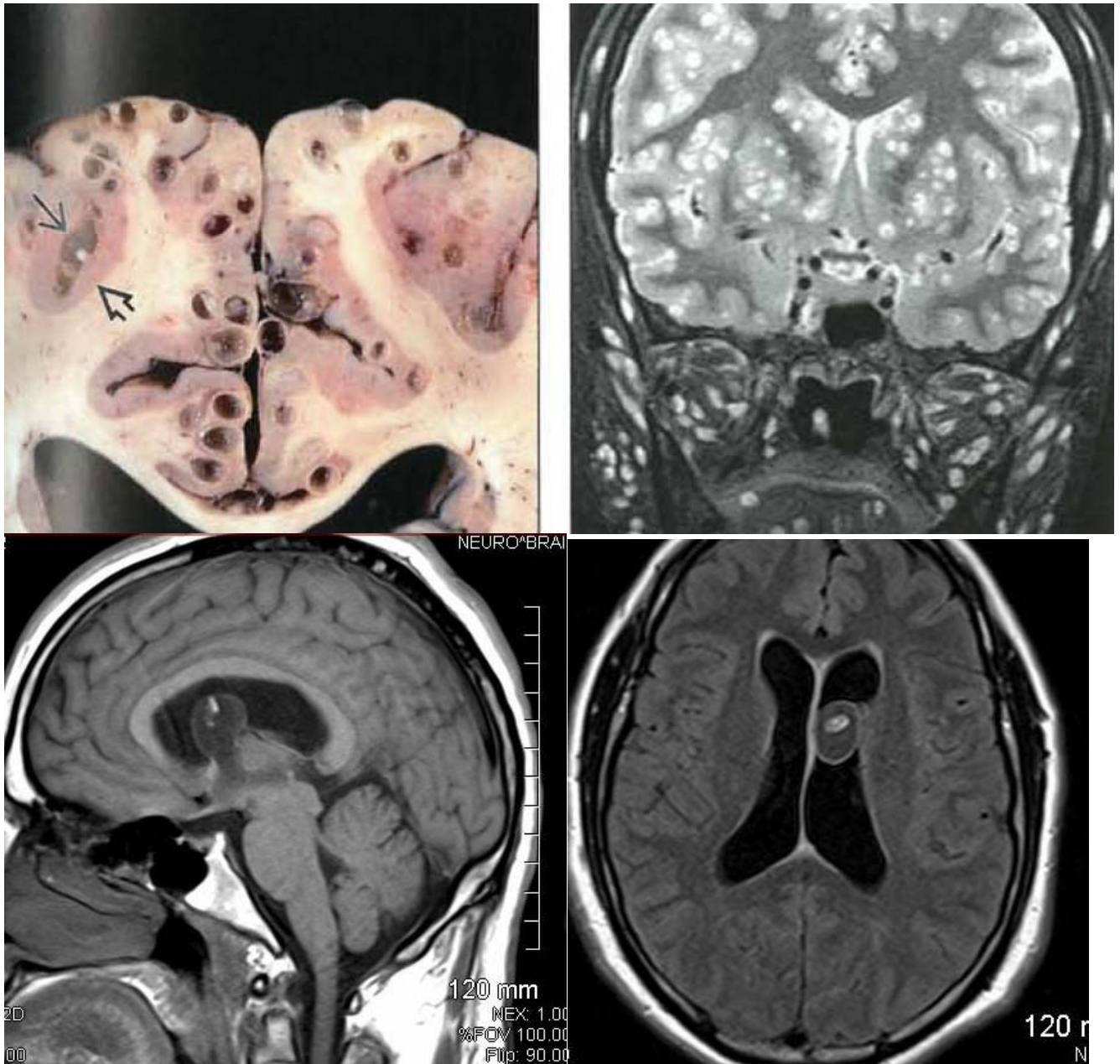
Location of cysts:

1. **Parenchymal** → **seizures**, other **focal deficits**; **cysticercotic encephalitis** produced by immunologic reaction → **dementia**, **behavioral abnormalities**.
2. **Meningeal**: **chronic basal meningitis**; **obstructive hydrocephalus**; **extremely high mortality**
3. **Ventricular**: **obstructive hydrocephalus** with intermittent **intracranial hypertension** (**BRUN syndrome**).
4. **Spinal cord**: **radiculopathy** or **myelopathy**.

CT, MRI

non-enhancing edema → **homogeneous enhancing lesions** → **SYMPTOMATIC STAGE**: low density **nonenhancing cyst(s)** with **eccentric punctate high density** (**scolex** = tapeworm head) → **ring enhancing** cysts with inflammatory **edema** → **complete resolution** or oval **calcifications** without edema.





- test of choice is **serum serology**
- **eosinophilia**.
- **biopsy** - sometimes needed for diagnosis (no diagnostic test identifies all cases of cysticercosis).

TREATMENT

Inactive infection does not require treatment!

- anthelmintic **not indicated** when no longer enhancing and no edema.
- if cyst is calcified or ring-enhancing, treatment with anthelmintics is probably not necessary.

Antihelmintic drugs

N.B. steroids and aggressive management of hydrocephalus, should be performed prior to administration of anthelmintics!

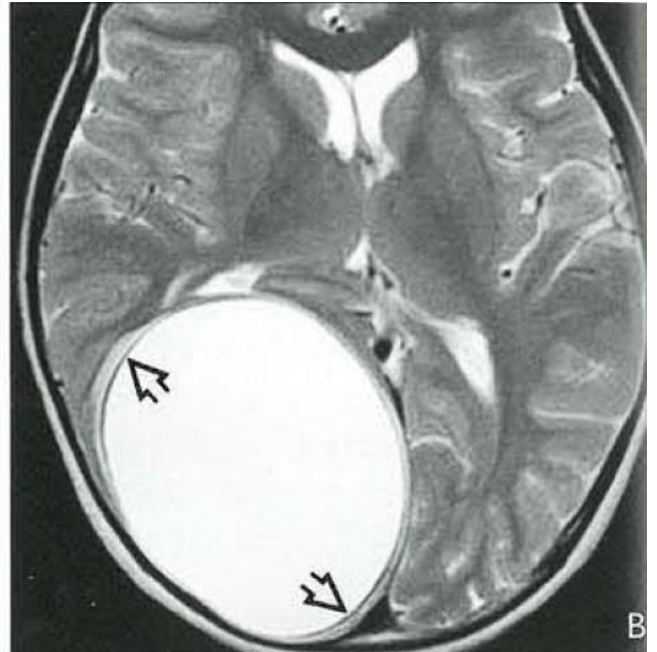
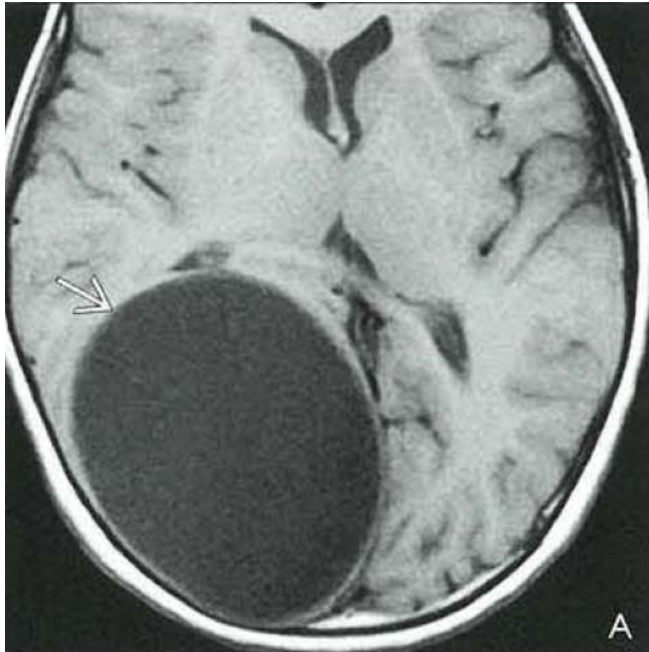
- **steroids** - for all patients concomitantly with anthelmintic (to reduce edema), start 2-3 d before anthelmintics.
- **ALBENDAZOLE** – cysticidal **agent of choice**

Surgery – symptomatic cases:

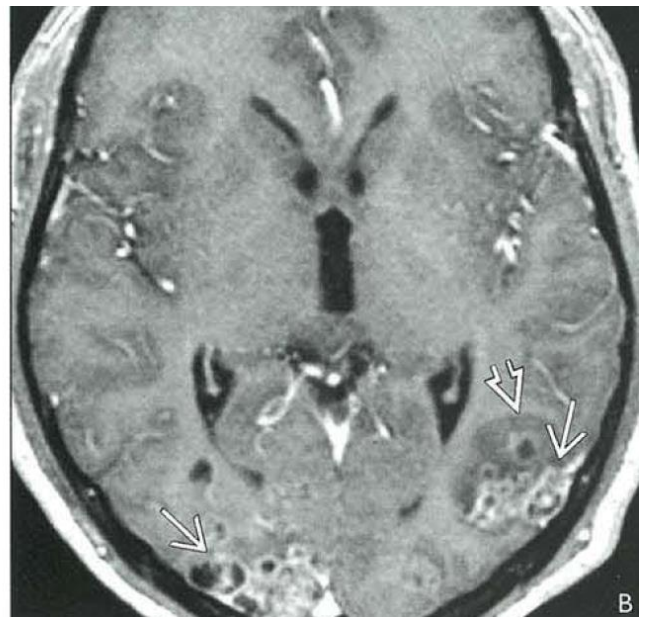
- unclear diagnosis → stereotactic **biopsy**.
- hydrocephalus → **CSF diversion, endoscopic resection**.
- giant cysts (> 50 mm) when intracranial hypertension persists despite steroids → **resection**.
- uncontrollable seizures → **resection**.
- spinal / orbital cysts → **resection** (inflammation associated with medical treatment may cause worsening of symptoms or loss of vision)

ECHINOCOCCOSIS

Hydatid cyst (HC) – single large thin-walled cyst; no calcification, no edema, no enhancement, fluid isodense / isointense to CSF



Alveolar echinococcosis – multiple irregular cysts that enhance in ring-like / nodular / cauliflower patterns:



AMEBIC MENINGOENCEPHALITIS, ABSCESS

N. FOWLERI

- in [immunocompetent](#) young adults swimming in warm fresh water during the summer.
- *N. fowleri* invades the olfactory mucosa and enters brain along olfactory nerves.
- fatal within 48-72 hours.

BALAMUTHIA MANDRILLARIS

- ameba is present in soil
- causes encephalitis in both [immunocompetent](#) and [immunocompromised](#)